NORTH CAROLINA
BOTANICAL
GARDEN

THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

NORTH CAROLINA BOTANICAL GARDEN

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Wonder connection
exploring nature. discovering joy.

NC CHILDREN'S HOSPITAL

WHO:

- Pediatric patients at UNC Children's Hospital from age 4-18
- Child and adolescent psychiatry patients
- Ronald McDonald House families

WHEN: Four days each week

HOW: Hands-on Activities

WHERE: At the hospital in small groups or in patient's rooms

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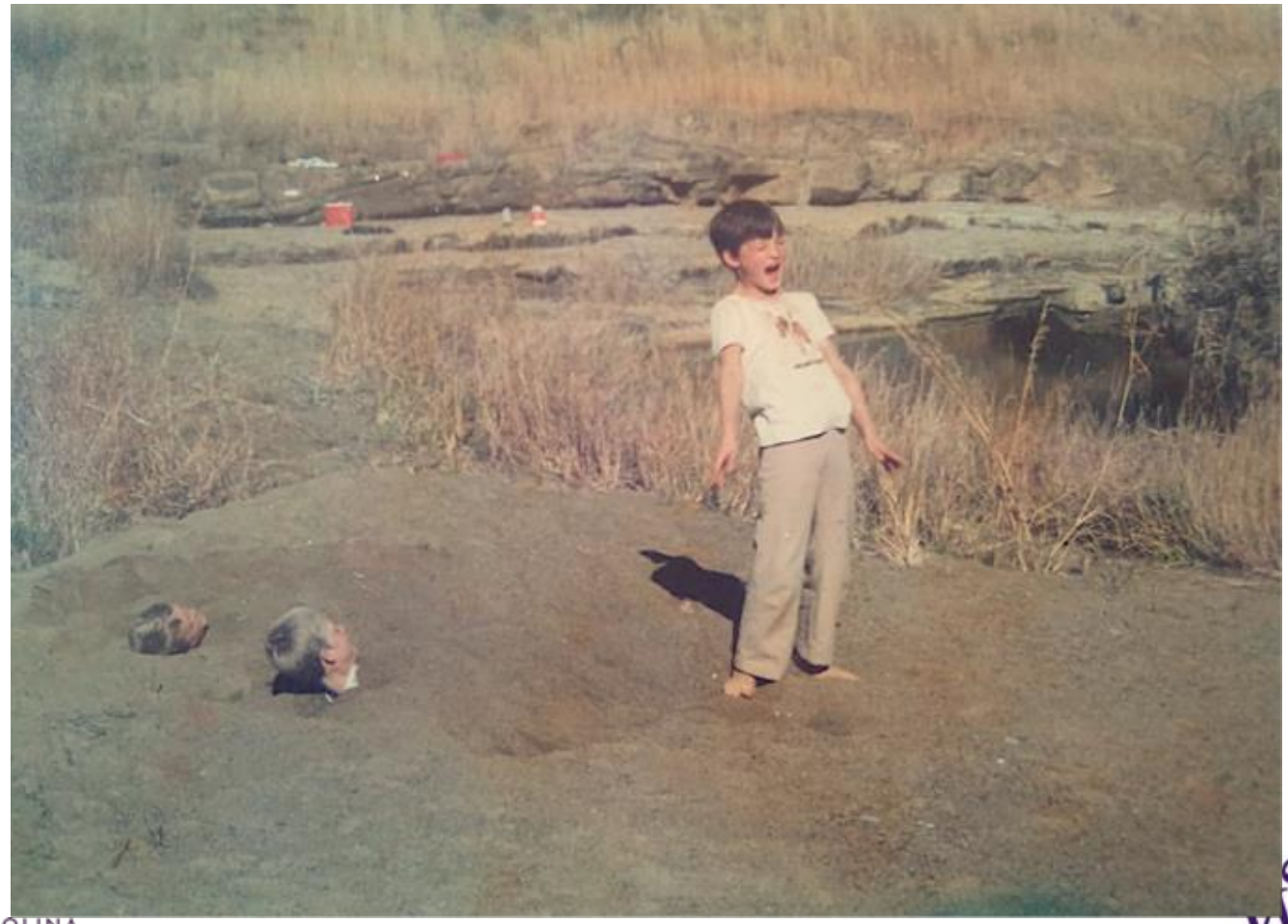
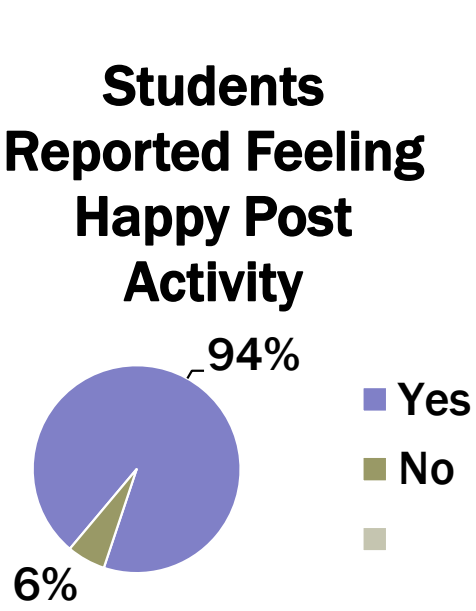
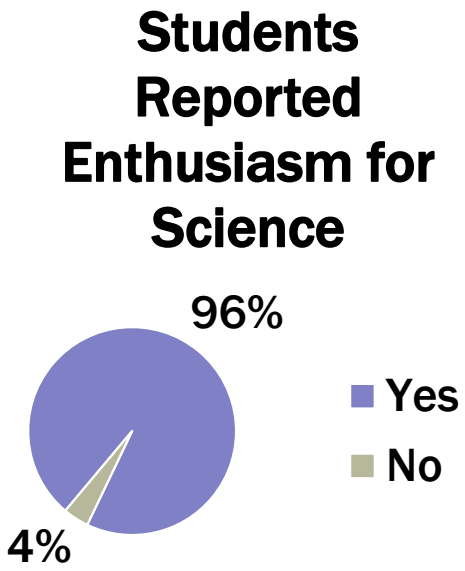
CHILDHOOD



HOSPITAL

GOALS





"This is more fun than an ipad!"

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ACTIVITIES

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SLIME

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FROG SLIME

FROG SLIME EXAMPLES

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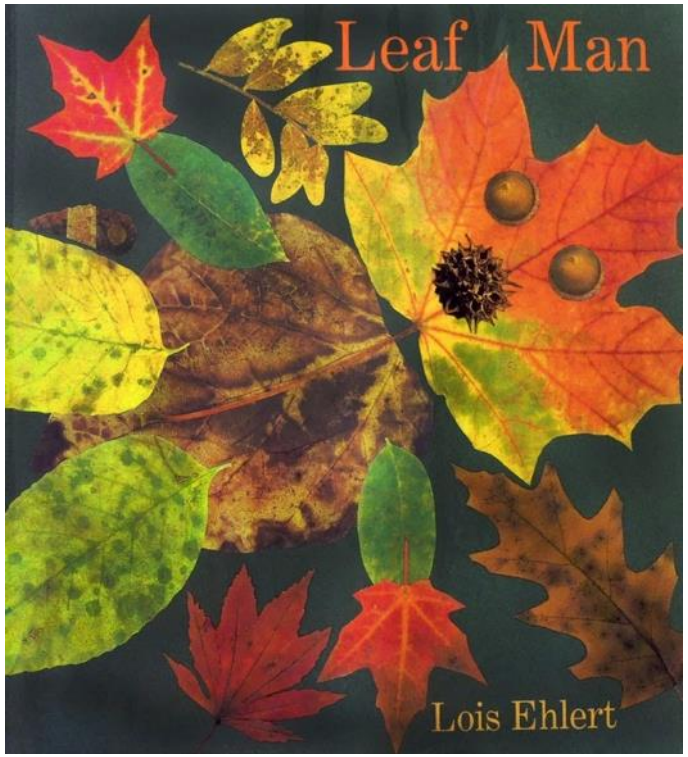
LEAF MAN BY LOIS EHLERT



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LEAF ART EXAMPLES

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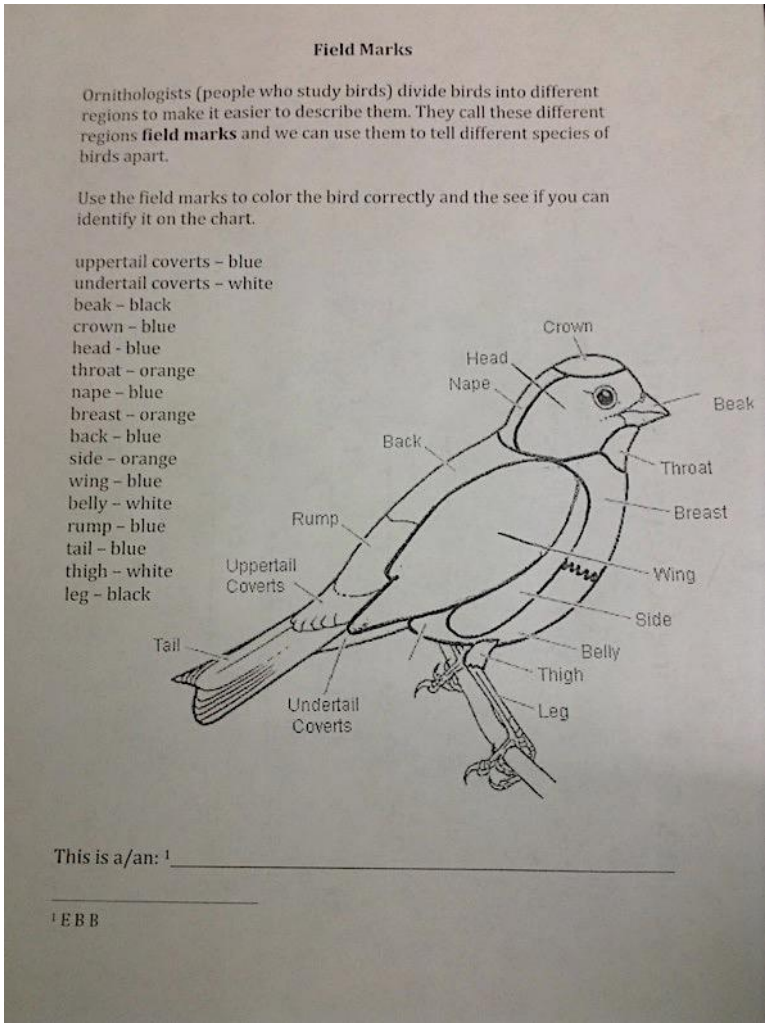
FALLING LEAVES

BIRD ID COLORING PAGE



Field Marks

Ornithologists (people who study birds) divide birds into different regions to make it easier to describe them. They call these different regions **field marks** and we can use them to tell different species of birds apart.

Use the field marks to color the bird correctly and the see if you can identify it on the chart.

uppertail coverts – blue
undertail coverts – white
beak – black
crown – blue
head - blue
throat – orange
nape – blue
breast – orange
back – blue
side – orange
wing – blue
belly – white
rump – blue
tail – blue
thigh – white
leg – black

This is a/an: [1]_____

_____

[1] E B B

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IDENTIFY YOUR BIRD

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BIRDS AT THE HOSPITAL

BIRD ID & UNSCRAMBLE

1. Find the birds

2. Write down their names and the letter you see on their picture

3. Unscramble the letters to make a bird-related word

1. Race to the front!

HOW TO ADAPT YOUR ACTIVITY

Physical Needs

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HOW TO ADAPT

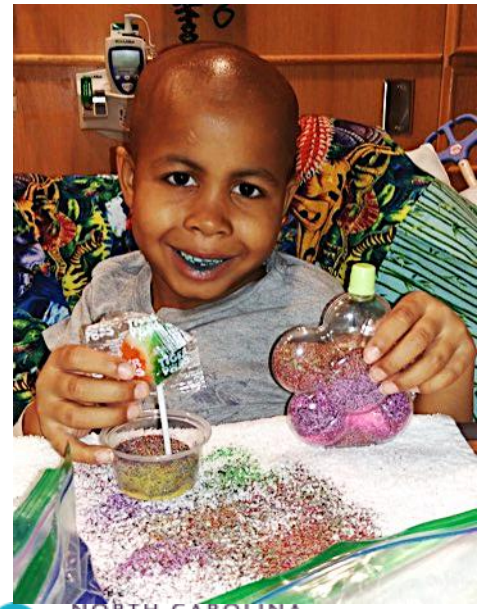
Safety

- ❑Use replicas instead of real natural objects (be creative!)
- ❑Make sure the items can be cleaned or given to a kid to keep

HOW TO ADAPT

Choices

- ❑Do they want to participate?
- ❑What activity do they want to do?
- ❑How do they want to do the activity?
- ❑Remember: It's about the Process not the Product



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HOW TO ADAPT

Other Notes:

- ❑ May be just one kid at a time (also could potentially use Facetime to interact with another patient)
- ❑ Physical Space might not be as easily available
- ❑ Build in opportunities for creativity within the activity (e.g. arts/crafts)
- ❑ Invite parents/siblings to participate
- ❑ Interruptions are likely.

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HOW TO START YOUR OWN OUTREACH

Five Step Process

1. Talk to folks at your local hospital.
   - Child life/recreational therapy
   - Hospital school (if you have one?)
   - Hospital development/fundraising
   - Pediatrics outpatient clinic(s) manager

1. Figure out a budget and where your funding is coming from.
   - Do you need to pay for staff?
   - What supplies do you already have/what do you need?
   - Fundraising… Grants? Donors? Your hospital?

1. Talk with Wonder Connection about activities, costs, volunteers etc. We can consult at your location and would be glad to host you in Chapel Hill for a visit.

1. Figure out logistics
   - Materials (storage, cleaning, transport, natural vs. synthetic)
   - How will you figure out which patients (and what ages) to try to serve?
   - What will your schedule be?
   - How will you collect data (records, surveys etc)?
   - If you want to take photos, what is the hospital's policy?
   - Meet with hospital epidemiology

2. Create a collection of activities that are adapted for use with kids at the hospital. Wonder Connection is happy share our manual and activity outlines.

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YOU CAN DO THIS TOO!
CONNECT WITH US!

WonderConnection.org

Facebook.com/WonderConnection

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QUESTIONS

*Please leave binoculars by the door
We'll take any packet contents you don't want.

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HOW TO ADAPT YOUR ACTIVITY

- ❑ Is it hands-on/interactive?
- ❑ Can it be adapted to meet the limitations of kids in the hospital (e.g. mobility issues, weakness etc).

Safety

- ❑ Use replicas instead of real natural objects (be creative!)
- ❑ Make sure the items can be cleaned or given to a kid to keep

Choice based & Patient-Centered

- ❑ Do they want to participate?
- ❑ What activity do they want to do?
- ❑ How do they want to do the activity?
- ❑ Remember: It's about the Process not the Product

Other Notes:

- ❑ May be just one kid at a time (also could potentially use Facetime to interact with another patient)
- ❑ Physical Space might not be as easily available
- ❑ Build in opportunities for creativity within the activity (e.g. arts/crafts)
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